

How You Can Take Action Against Addiction



ATTENTION

Because addiction affects our communities and the families living there, it's important to bring attention to the situation. Using a variety of free online resources, you can educate yourself on the latest information, see what initiatives are already underway and discuss with your loved ones how best to help.



ADVERTISE

Do you know of any addiction support groups in your area? Have you heard about a community outreach program that might help those seeking recovery? Share and advertise these resources on your social media, at your church or with someone you think could benefit.



ADVOCATE

Those struggling with addiction need compassion and understanding. More than that, they need a voice. Unfortunately, stigmatizing language like "addict," "drug abuser" and "junkie" push those seeking recovery further away. Being an advocate begins with positive, empathetic and solution-oriented language.



ASSESS AND ALERT

Try to assess what could be the signs of an opioid overdose. These may include (but are not limited to): **no response to stimuli; shallow or stopped breathing;** and **inability to be awakened.** If you cannot get a response from someone, alert emergency personnel right away by calling 911, tell the operator your location and stay on the scene until an ambulance arrives.



ASSIST

One of the best and most powerful ways you can take action against addiction is to assist those struggling directly — either by making a donation to or volunteering to support an outreach ministry or recovery support organization like City Gospel Mission. Thank you for being a positive force for change!



The heartbreaking truth is Ohio has the second-highest opioid death rate in the country. Thanks to your support, City Gospel stands ready to help our vulnerable neighbors heal through Christian-based, residential recovery programs for men and women — so no one struggling with addiction has to face their challenge alone.

If you or someone you know is struggling with addiction, visit citygospelmission.org/get-help.



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